

A group of diverse people, including men and women of various ages, are walking outdoors on a paved path. They are dressed in casual athletic wear, and the background shows green trees and a park-like setting.

WALK FOR SUICIDE PREVENTION

BREAK THE STIGMA

Join us as we walk to bring awareness to suicide prevention. Come out to learn more about the importance of suicide prevention and how we can work together to break the stigma surrounding mental health.

EVENT DETAILS

DATE: Saturday, September 19
TIME: 7:00 PM
LOCATION: Memorial Hospital
at Hartzell Lake. 1454 N. Co. Rd.
2050, Carthage, IL 62321

ABOUT OUR SERVICES

We help support the mental health of individuals experiencing depression, anxiety, or other mental challenges often associated with aging.

Anyone can refer to our services. Please contact us for information or to discuss mental health support for yourself or a loved one.

Behavioral Health: 217-357-6888

**Senior Life Solutions
Evergreen Center: 217-357-6516**