



Return completed forms to Mary Jane Clark mclark@mhtlc.org. Interviews will be conducted for interested students. Depending on number of participants, classes will begin on a semester basis.

Rural Health Coach Project Application

Program Design Introduction

The Rural Health Coach: From Theory to Practice Program/Course is aimed directly at preparing students to meet with clients from a variety of settings in partnership with a regionally located small, rural hospital. As such, students who register for the program are expected to commit themselves to two semesters of curriculum and client assignments.

Name	Year of College
Email Address Campus	Major in College
Personal Email	
Cell Phone	CPR Trained: yes or no
Emergency Contact/ Relationship	Emergency Contact/Phone Number
Reliable Transportation: yes or no	Valid Driver License: yes or no
(2) References: Name and Phone Number	
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Please identify days and times that you are available for at least 2 hours on a regular basis. We will use the allotted time to schedule introductory visits with your assigned clients. In addition, as part of your course requirements, every week you will need to report on your client to the care coordination team and every other week we will need to schedule a Zoom meeting.

Monday: _____ Tuesday: _____
 Wednesday: _____ Thursday: _____
 Friday: _____

Are you available to meet with clients during both Fall and Spring Semester? Yes or No

Rural Health Coach Program Overview

From Theory to Practice Course is offered through Independent Study. The program involves a training module with assigned readings and preparation for meetings with the Coordinator. Client visits involve approximately **2-4 hours of off-campus work** each week. Reliable transportation to meet with clients is a requirement for the course. There is considerable flexibility built into the program to accommodate individual schedules, but students must be able and willing to put the required time into the course. It is essential to consider in advance what other activities outside of normal classes and labs (e.g. work, sports, and volunteer activities) that you are likely to have to balance with the rural health coaching program.

Please list those activities or commitments and explain why you are confident you can achieve the necessary balance to work with client's off-campus.

What is your motivation for taking this course?

What is your primary health coaching area of interest? What would you like to learn?

What are your interests and hobbies?