

## Ingredients

### Fruit Caterpillar

- 6 green grapes
- 1 strawberry, leaves hulled
- 2 chocolate chips
- 2 pretzel sticks
- 2 blueberries
- 6 matchstick carrots

### Veggie Caterpillar

- 1 tablespoon low-fat mayonnaise
- 1 (10-inch) spinach wrap
- 2 slices salami
- 1 slice reduced-fat Swiss cheese
- 1/3 cup spinach
- 1 mini seedless cucumber, cut into thin strips, divided
- 1 cherry tomato
- 2 olive slices

## Instructions

### Fruit Caterpillar

1. Press chocolate chips into strawberry for eyes. Top pretzels with blueberries. Press into top of strawberry for antennae.
2. Lay carrots near each grape to represent legs.

### Veggie Caterpillar

1. Slide pieces and tomato onto skewer. Cut slits in tomato and insert black olives for eyes and cucumbers for antennae.
2. Use remaining cucumber to represent legs.

